HOLMAN
RECOVERY CENTER

Family Program

Holman Recovery Center (HRC) recognizes that substance use disorders not only have a profound effect on the individual, but also on their families. HRC offers a supportive weekend educational family program to assist with the healing process for everyone involved.

Some of the topics that will be addressed during these sessions are:

- Education on the disease of substance use disorders
- Impact the disease has on the family dynamics
- The dangers of enabling & detaching with love
- Boundaries and effective communication tools
- The value of aftercare treatment and support groups (Al-Anon, AA, NA)

HRC offers this program for our male and female clients on alternating Saturdays over their time at HRC.

In addition to the sessions described above, clients also can visit independently with their families and share a meal in our dining facility during the Family Program. Participation in the HRC Family Program is voluntary. Reservations are required during the previous week in order to participate. Clients will call family to schedule them once they are established with us. Children under the age of 12 are not permitted inside the facility.