HOLMAN
RECOVERY CENTER

What do I need to get a bed?

You'll need an ASAM SUD drug & alcohol assessment completed within the past 30 days and you can attach it to this form to fill out on our website: holmanrecoverycenter.org (click Admissions at the top).

What insurance do you take? How do I pay for treatment?

We are currently in network with the following:

Regence	Community Health Plan of WA
HMA (Healthcare Management Administrators)	Coordinated Care
Cigna	Amerigroup/Wellpoint
Asuris Northwest Health	Molina Medicaid/Apple Health
United Health Group Commercial/Employee	Cascade Select
Ambetter	United Health Group Medicaid
First Choice Health Network	Medicare (Snohomish, Whatcom, Island, Skagit, San Juan Residents Only)

For out-of-network plans, let our financial advisor department work with your insurance to see if we can still see you. Sometimes we are able to negotiate a single case agreement on your behalf. As a non-profit, we will work with you on your co-pay or if you would like pay without insurance. We don't believe finances should be a barrier to treatment!

When is the next bed open? What is the wait to get in?

We are generally able to get people in quickly once we have their full application. Most of our applicants are able to get in within 5 days or less. We are unable to give out information about the current wait or when a bed can be scheduled without a full application. This is due to the fact that things change quickly – people cancel their intakes or a bed opens up unexpectedly, so any information given out without the application would be inaccurate

My doctor/caseworker/counselor wants to send over the referral including the assessment

Ask them to visit https://holmanrecoverycenter.org/referrals/ for our referral form and info such as our fax number

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Are you a detox? Do I need to go to detox?

Holman Recovery Center is not a detox – we require clients to be detoxed to attend our program. If you have used fentanyl in the past two weeks, you will almost certainly be required to go to detox as the substance stays within your system for a long time and would show up on a drug test upon admission. We do accept clients who are transported door to door from detox, hospitals, or incarceration as we can verify they have not used fentanyl recently. For all other substances, if you have abstained from things like alcohol or meth long enough to pass a urine drug test and breathalyzer, you may not require detox first.

How long is your program?

Clients typically stay here 28 days

Can I talk to my family while I'm there?

After a 3 day blackout period, you will be allowed to make calls out everyday from one of our phones. Up to 3 family members can come 1-2 times during your stay on our structure family day program on Saturdays. Children under 12 are not allowed on premises due to state regulations.

Can I smoke?

Yes, we allow smoking here

Are you able to accept people with co-occurring mental health concerns?

We are not considered a co-occurring facility so we are generally unable to accept clients who need active psychiatric care such as people who have recently tried to harm themselves or have been hospitalized for psychiatric reasons. We are usually able to take clients who suffer from depression or anxiety as long as they do not require psychiatric care here. Many of our clients take SSRIs and other medication for mental health, we can facilitate a telehealth session to see their mental health provider for those medications on a case by case basis.

Do you accept people under 18?

No, we are only licensed to take adults.

Can I come with my partner/spouse?

No, we do not allow couples.